

Trainee Job Description

Job Title	Core Trainee in Working Age Community Psychiatry				
Clinical Supervisor	Dr Nicola Cowdery				
Hospital Address	Department of Psychiatry, Irwell Unit, Fairfield General Hospital, Bury BL9 7TD				
Trust	Pennine Care NHS Foundation Trust				
Speciality	Psychiatry	Sub Speciality		General Adult	
Year of Trainee	1	2	3		

Description of Placement

The CT will be based at the Irwell Unit in Bury. The Post will be a Working Age Psychiatry Community Post. There are both new and follow up patients and the clinics can be mixed. We can discuss your specific needs at the first supervision session when the timetable will be agreed.

The CT will also have assessments with the Community Mental Health Team at the discretion of myself. This team is based at Humphrey House and may involve Home Visits with the Care Co-ordinator. There will also be sessions with the Crisis Resolution and Home Treatment Team as and when required. Again this may involve Home Visits with the Team. Additionally the trainee is encouraged to look at their own training needs and discuss what would benefit them most in the time provided.

The CT will have weekly Educational Supervision and Clinical Supervision as required.

The CT will participate in the EWTD Compliant On-Call Rota (full shift), which involves in hours and out of hours work.

The CT will have to attend the weekly 4 hour teaching sessions on Wednesday afternoons. He / She will also be encouraged to attend the regional MRCPsych Course at the University of Manchester, and any relevant psychotherapy that they are engaged in.

Roles and Responsibilities of the Trainee

The Trainee will be expected to show commitment to Psychiatry and to learn the Clinical Skills fundamental to Psychiatry. These skills include History Taking, Mental Status Examination, Physical Examination, Case Formulation, Differential Diagnosis, Risk Assessment and Treatment. These skills will be acquired through formal teaching, informal teaching and through close-supervision (by Consultant) of patients in new and follow-up clinics.

The Trainee will be expected to be on time (9-5pm). The Trainee must commit to attending and actively participating in the Wednesday afternoon teaching. With regard to Clinical Safety, the Trainee will be required to discuss any Clinical uncertainty with his/her Consultant. New Trainees must commit to discussing every patient seen whilst On-Call with the On-Call Consultant. Finally the Trainees must commit to working in a friendly and supportive environment and to supporting this environment to the best of their ability. They must commit to seeking feedback and acting on it to improve themselves and their patient care.

Core Clinical Work include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)

- New patient assessments (in the Outpatient Department)
- New patient assessments (On Call- in the A&E Department)
- New patient assessments (On Call- in the Outpatient Department)
- New patient assessments (On Call- on the acute wards at Fairfield General Hospital)
- New patient assessments (On Call- in the Section 136 Suite)
- New patient assessments (On the acute wards at Fairfield General Hospital)
- Follow-up patient assessments (in the Outpatient Department)
- Joint Follow-up patient assessments (Home Visits with Care Co-ordinators)

The assessments will be based on the principles of History Taking, Mental Status Examination, Differential Diagnosis, Case Formulation and Risk Assessment. The Trainee will be expected to arrange appropriate investigations. The Treatment choices to be made will include do nothing, introduction and changes of medications, referral to psychological therapies and referral to external agencies. The Trainee will also be expected to utilise Patient Notes' Reviews to inform on management decisions.

All of the above will be closely supervised by the Supervising Consultant. The Trainee will be expected to discuss all levels of patient assessment and care with the Supervising Consultant. The Trainee must abide by any advice provided by the Supervising Consultant.

Intended Learning Objectives Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio

ILO	
1	Be able to perform specialist assessment of patients and document relevant history and examination on culturally diverse patients
2	Demonstrate the ability to construct formulations of patients' problems that include appropriate differential diagnoses
3	Demonstrate the ability to recommend relevant investigation and treatment in the context of the clinical management plan. This will include the ability to develop and document an investigation plan including appropriate medical, laboratory, radiological and psychological investigations and then to construct a comprehensive treatment plan addressing biological, psychological and socio-cultural domains
4	Based on a comprehensive psychiatric assessment, demonstrate the ability to comprehensively assess and document patient's potential for self-harm or harm to others. This would include an assessment of risk, knowledge of involuntary treatment standards and procedures, the ability to intervene effectively to minimise risk and the ability to implement prevention methods against self-harm and harm to others. This will be displayed whenever appropriate, including in emergencies
5	Based on the full psychiatric assessment, demonstrate the ability to conduct therapeutic interviews; that is to collect and use clinically relevant material. The doctor will also demonstrate the ability to conduct a range of individual, group and family therapies using standard accepted models and to integrate these psychotherapies into everyday treatment, including biological and socio-cultural interventions
6	Demonstrate the ability to concisely, accurately and legibly record appropriate aspects of the clinical assessment and management plan
7	Develop the ability to carry out specialist assessment and treatment of patients with chronic and severe mental disorders and to demonstrate effective management of these disease states
8	Use effective communication with patients, relatives and colleagues. This includes the ability to conduct interviews in a manner that facilitates information gathering and the formation of therapeutic alliances
9	Demonstrate the ability to work effectively with colleagues, including team working

10	Develop appropriate leadership skills
11	Demonstrate the knowledge, skills and behaviours to manage time and problems effectively
12	Develop the ability to conduct and complete audit in clinical practice
13	Develop an understanding of the implementation of clinical governance
14	Ensure that you are able to inform and educate patients effectively
15	Develop and utilise the ability to teach, assess and appraise
16	Develop an understanding of research methodology and critical appraisal of the research literature
17	Ensure that you act in a professional manner at all times
18	Develop the habits of lifelong learning

On Call

Please state frequency of on-call and nature of duties plus arrangements for clinical supervision

1:9 EWTD compliant rota participation for on-call between 9am and 9pm. On call 9pm -9am is on a 1:19 EWTD compliant on call rota (jointly with Rochdale)

Clinical Supervision to be provided by the On-Call Consultant at all times.

The Trainee will be expected to cover Psychiatric Ward emergencies, A&E Referrals and emergency acute ward referrals (from Pennine Acute).

Academic Activities *These should include case conferences/Journal Clubs/Lectures etc)*

- Weekly In-House Teaching on Wednesday afternoons from 1pm-5pm
- Trainee to do at least 1 Case Conference, 1 Journal Club and 1 session on Topic Teaching in a 6 month block (example of Topic Teaching would include "Eating Disorders")

The Trainee will also be expected to attend the relevant MRCPsych Course at the University of Manchester

Facilities

- 4 Clinic Rooms for Outpatient Clinics (4 with Computers)
- Junior Doctor Room in the Irwell Unit with access to 3 Computers / Printer
- 24-hour access to Acute Trust Library
- Doctor's Mess Room on the Acute Site (have to pay Doctors Mess to use)
- On Site Restaurant with night-time opening as well
- Departmental Textbooks
- The Grand Round every Thursday Lunchtime at the Acute Trust

Supervision Arrangements

Education Supervision is provided for one hour per week and the learning outcomes are documented. Each session with the Educational Supervisor will be documented.

Teaching/Academic Experience

Trainee to do at least 1 Case Conference, 1 Journal Club and 1 session on Topic Teaching in a 6 month block (example of Topic Teaching would include "Eating Disorders"). The Trainee will have

A Psychiatry Medical Education Collaborative between Mental Health Trusts in the NWDeanery

been expected to do all the relevant research prior to their presentation. This is consultant led. The Trainees will be encouraged to teach and be taught by other allied health professionals and nurses.

Audit/Research Opportunities

The Trainee is expected to conduct one Audit in the 6 month period.

Management Opportunities

The Trainee will be encouraged to take up additional duties. These include being the Junior Doctor Representative whereby they act as the rota co-ordinator and chair the monthly Juniors-Consultants-Management (JCM) meeting. The Trainee will also be encouraged to attend meetings that take place in conjunction with my role as the Deputy Director of Medical Education (DDME).

These roles include:

Regular Medical Education Committee meetings (with relevant permission)

Any other management meetings that occur as and when appropriate within the trust – including meetings about community services, organising new ways of working, etc as long as it is appropriate to the trainees PDP as well as other meetings appropriate to the trainee in my role as DDME.

Finally, there are Management sessions within the Educational Program on Wednesday afternoons.

Other/Additional Experience

The trainee is expected to undertake relevant psychotherapy training suitable for their level of training and progression.

Description of Special Interest Opportunities

Clinical experience in Adolescent Psychiatry can be offered at the Hope Unit, Horizon Unit as well as CAMHS Out Patient Department.

Additional time can be arranged with Access & Crisis, Home Treatment Team, Primary Care Mental Health Team; Early Intervention Team; Community Mental Health, Review & recovery Teams in the Community and the Learning Disability Team.

I have interests in Medical Education, Community Psychiatry and its setup, and Learning Disability Psychiatry. I can offer opportunities for individuals to obtain extra experience in these areas.

Trainee timetable

Please ensure trainee and trainer timetable match for supervision arrangements

Mon	Tues	Wed	Thurs	Fri
0900 - 1230 Mixture of new patient and follow up patients	0900-1230 Mixture of new patient and follow up patients (OR MRCPsych Course)	0900-1200 CMHT Allocation Meeting/ SPOE & HTT Meeting (alternate Weeks)	0900-1100 Psychotherapy Session 1100-1300 Home Visits (with CMHT) 1300-1400 Hospital Grand Round	0900 - 1230 Mixture of new patient and follow up patients
1300 – 1500 Admin/emergencies & community reviews (OR Choice Session) 1500-1600: Supervision 1600-1700: Admin	1300-1700 Admin/emergencies & Community reviews	13.00pm – 17.00pm Departmental Teaching (OR MRCPsych Course)	14.00pm – 17.00pm Emergency Clinic/Administration	1300-1700 Psychotherapy supervision OR Choice Session