

Trainee Job Description

Job Title	ST4-6 General Adult Psychiatry		
Educational Supervisor	Dr Helen Sanderson		
Clinical Supervisor	Dr Helen Sanderson		
Placement Address	Tameside General Hospital, Fountain Street, Ashton-under-Lyne OL6 9RW		
Trust	Pennine Care NHS Foundation Trust		
Speciality	General Adult Psychiatry	Sub Speciality	Community and Inpatient Psychiatry
Full Time/Part Time	Can be full time OR part time	Days Worked	Full time or part time (part time = 60-80%)
Year of Trainee (Delete those N/A)	ST4-6		

Description of Placement

This is an ST4-6 post in a sectorised service on the eastern side of Greater Manchester. The trainee will work with the inpatient team, the Community Mental Health Team and the Home Treatment Team in a range of settings including outpatient clinics, the inpatient wards and visiting patients in their homes.

Roles and Responsibilities of the Trainee

Inpatient work including weekly ward rounds. Day to day care of the inpatients will be managed primarily by the CT/FY2 on the team.
 1-2 outpatient clinics a week, building own caseload
 MDT working with the community mental health team and Home Treatment Team
 MHA assessments in community and inpatient settings
 Attendance at MHA Tribunals and Hospital Managers' Hearings, and writing of reports
 Involvement in supervision of FY/CT trainees
 Participation as second on call in a 1 in 8 rota (non-resident)
 Weekly supervision meeting with trainer; completion of WPBAs with trainer and other members of staff
 Attendance at special interest sessions and other educational programmes including the ST study days
 Attendance at reviews arranged by the School of Psychiatry
 Attendance at Trust and local induction programmes

Core Clinical Work *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

Development of own caseload of community patients referred to the trainer's outpatient clinic or under the care of the CMHT.

Assessment and management of patients admitted to the inpatient psychiatric unit under the care of the trainer.

Preparation of reports for Hospital Managers' hearings and Tribunal hearings, and presentation at such hearings – for patients detained under Sec 2/Sec 3/CTO

Supervision of CT and FY trainees with regard to their inpatient and outpatient work, and completion of WPBAs/SLEs for these trainees.

Intended Clinical Learning Objectives (ILO 1-7, 16) *Indicate specifically how the trainee will achieve portfolio curriculum requirements in this post, e.g. specific experience which will allow achievement of competencies.*

Development of knowledge and application of clinical expertise in a range of mental health disorders in working-age adults.
Establishment of differential diagnoses, psychological formulations and bio-psycho-social management plans.
Working with patients from a wide variety of backgrounds and ethnicities.
Working with patients with physical comorbidities.
Long term outpatient management of chronic conditions, with continuity of care provided by the ST doctor having their own caseload
Supervision of junior trainees through on call and routine work
Provision of patient management advice to MDT colleagues when on call

On Call (ILO4) *Please state frequency of on-call and nature of duties plus arrangements for clinical supervision*

1 in 8 non-resident covering General Adult and Old Age Psychiatry
Clinical supervision provided by on call consultant (also non-resident)
Duties include:
Clinical supervision of the 1st on call trainee's assessments of referrals from A&E, medical wards, the psychiatric wards and the 136 suite
Clinical supervision of the duty Mental Health Liaison worker & assisting in formulating management plans for patients seen by the Mental Health Liaison team
Assessment of patients in various community settings (e.g. patient's home, police station, nursing homes etc.) sometimes taking place as a MHA assessment & liaising with the duty AMHP to arrange such assessments
MHA assessment of patients referred from A&E or brought in under section 136.

Academic Activities (ILO 8, 9) *(These should include case conferences/Journal Clubs/Lectures etc)*

Weekly teaching sessions are provided for GPST/FY trainees consisting of a case conference and clinical discussion. STs are invited to attend and contribute and are welcome to chair the sessions. The Local Educational Programme for the MRCPsych course is held weekly in the local area; the trainee is invited to attend any sessions hosted by Tameside and to chair parts of those sessions. The ST trainee is expected to attend the regional ST training days. There is protected time for special interest and research activity.

Facilities

A shared office for ST trainees with provision of desks, computers and Bigband dictation devices.
There is secretarial support on site.
There is a medical library in the Acute Trust's Postgraduate Centre on the TGH site.

Supervision Arrangements *(including clinical and educational, including cover arrangements when supervisor absent)*

Weekly individual supervision for one hour with the trainer.

There will be a formal review of progress.

Workplace-based assessments can be undertaken with the trainer and other staff members.

When I am not at work, Dr Simon Darvill will provide supervision cover. He is a very experienced ST trainer. He is the Clinical Director for Tameside and is one of the Trust's Associate Medical Directors.

Clinical supervision out of hours is provided by the on-call consultant.

Teaching Opportunities (ILO 17)

Tameside is a teaching base for Year 4 medical students from Manchester Medical School. There are 6 students on placement in the department during the academic terms. There is the opportunity to take a lead role in the organisation and delivery of the teaching course.

ST trainees are encouraged to participate in the many teaching sessions provided for the students including Themed Case Discussion, communication skills sessions, case history presentations and brief lectures on clinical topics. Themed Case Discussion and Communication Skills Tutor training is available via the Medical School. It may also be possible to train as an OSCE examiner via the Medical School.

ST trainees are encouraged to attend and participate in the weekly local teaching programme at Tameside. They are also encouraged to attend sessions of the MRCPsych Local Educational Programme, and would have the opportunity to chair and lead sessions.

ST trainees will have the opportunity for informal teaching sessions with junior trainees on the team (CT1-3 and FY2)

There would also be an opportunity to participate in the formal teaching sessions for FY doctors (organised by the neighbouring Acute Trust) and to facilitate teaching sessions on mental health in the context of primary care as part of the local GPST teaching programme.

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Research Opportunities (ILO 8)

There is the opportunity to carry out an audit during the placement and there is an Audit/QI Lead Consultant at Tameside.

ST doctors are supported to carry out their research during this placement.

Governance and Management Opportunities (ILO 10, 11, 14, 15)

There are a number of opportunities to gain management and leadership experience, such as by shadowing the Clinical Director/Associate Medical Director and by attending meetings such as Medical Education Committee, Drugs and Therapeutics Committee, Triangle of Care working group, Tameside Perinatal Psychiatry working group.

Throughout the placement there will be opportunities to demonstrate and develop clinical leadership skills e.g. leading the ward round, leading a meeting with the CMHT/MDT, presenting the medical evidence at a Mental Health Review Tribunal or liaising with colleagues in other specialities.

Psychotherapy opportunities (ILO 5) *(in service and / or in Trust)*

The trainee will be encouraged to develop their skills in a chosen psychotherapeutic modality and to liaise with colleagues in psychological therapy services to plan referrals and treatment for patients.

Other/Additional Experience

This post has the advantage of being very adaptable to the needs of the higher trainee. Clinical options can be adjusted to focus primarily on inpatient work, outpatient work or a combination of the two depending on the training priorities of the doctor. The post can also be adjusted to suit a fulltime or LTFT higher trainee.

The trainer originally worked as a GP and aims to maintain good working links and communication with local colleagues in Primary Care.

The trainer regularly sits on the local ARCP panel for FY doctors and there would be an opportunity to shadow for this, in order to build on the skills required to be a clinical supervisor in the future.

Description of Special Interest Opportunities *(in service and / or in Trust)*

Special Interest experience in other psychiatric specialties is available on the Tameside site including Rehabilitation Psychiatry, Early Intervention in Psychosis Team and Old Age Psychiatry.

CAMHS provision is also available with the local Healthy Young Minds service, should an ST trainee wish to gain experience in e.g. adolescent psychiatry or transition to adult services from CAMHS (as local patients transition to adult services aged 16).

It may be possible to arrange observation sessions in the local Substance Misuse Psychiatry service (this is currently provided by a non-NHS organisation within Tameside).

Management experience can be arranged and there are opportunities for service development within the borough and Trust.

Timetables

Please ensure trainee and trainer timetable match for supervision arrangements

Trainer timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	NON-WORK DAY	NON-WORK DAY	Referrals meeting at Houghton House. CMHT meeting. HTT reviews/visits	CPD Supervision of FY2 – 9.30-10.30AM Supervision of ST 10.30-11.30AM	OPD Clinic
PM	NON-WORK DAY	NON-WORK DAY	Admin Local teaching 1-2pm Consultants' meeting 4pm	Ward Round	Admin/Urgent Reviews

Trainee Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Research/Special Interest	Admin (Dr Darvill supervising)	Referrals meeting – Houghton House CMHT meeting HTT visits/reviews	Joint supervision with junior trainee 9.30AM ST supervision 10.30AM	OPD Clinic
PM	Research/Special Interest	Admin/Urgent reviews (Dr Darvill supervising)	Local teaching programme Consultants' meeting 4pm	Ward Round	Admin