

**Category**

Psychotherapy

**Description of special interest session**

Opportunity to join a group of dual general adult psychiatry and psychotherapy ST trainees in the North West in weekly seminars discussing psychotherapy papers. Papers range from classical psychoanalytic papers (e.g. Freud), to more contemporary papers including research. Seminars also include discussion of clinical material, from therapy and clinical psychiatry work, and how this links to psychotherapy theory. Papers are presented by trainees and there is facilitation by a consultant psychiatrist in psychotherapy or psychotherapist. Trainees will need to read the papers in advance of the seminar.

**Location of the session**

Microsoft Teams (presently due to Covid-19)

Gaskell House, Manchester

**Person to contact**

Dr Adam Dierckx

**Contact details**

Adam.Dierckx@gmmh.nhs.uk

**Preferred day for the session**

Thursdays 1.30 pm – 4.30 pm only

Also, preparation/reading time in advance of seminars, as a guide at least 2-3 hours. More time required preparing when presenting.